



**Report of the Trustees and
Financial Statements for the Year Ended 31 December 2020
for
The Health and Wellness Hub**



***NatWest Social Enterprise top 100 list for 2020
Lanarkshire Business Excellence Awards 2019 Finalist (Community Impact Category)***



The Health and Wellness Hub is a Scottish Charitable Incorporated Organisation (SCIO) No. SC047372

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Brett Nicholls Associates
63 Ruthven Lane
Glasgow
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for the Year Ended 31 December 2020

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The Health and Wellness Hub

Reference and Administrative Details for the Year Ended 31 December 2020

TRUSTEES

L Samuel Chairperson
A Donald Treasurer
C Smith
M Docherty
A Weir (appointed 6.7.20)

PRINCIPAL ADDRESS

Unit 3, 58-60 Albert Street
Motherwell
Lanarkshire
ML1 1PR

REGISTERED CHARITY NUMBER

SC047372

INDEPENDENT EXAMINER

Brett Nicholls Associates
63 Ruthven Lane
Glasgow
G12 9BG

BANKERS

TSB
120 George Street
Edinburgh
EH2 4LH

The Health and Wellness Hub

Report of the Trustees for the Year Ended 31 December 2020

The trustees present their report with the financial statements of the charity for the year ended 31 December 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Background

Established in 2012, The Health and Wellness Hub prides itself on its innovation of engaging service users effectively through providing weekly community-based services within areas of North Lanarkshire that are in the top 10-15% data zones for multiple deprivation (SIMD 2020) Currently operating in 6 areas of North Lanarkshire that are within the top 10-15% data zones for multiple deprivation, we have operated in 15 other areas of North Lanarkshire over the last 8 years.

Our aim is to improve the emotional and physical health and wellbeing of local people who are marginalised and disadvantaged by reason of age, ill-health, disability, financial hardship or other disadvantage in North Lanarkshire and by delivering a non-clinical approach to health and wellbeing, we provide a service which is grassroots led and each community based service is led by local people who are part of the organisations award winning volunteer programme.

An accredited Living Wage Provider, we have 15 staff, 75% of whom were on the volunteer programme. In the last year, we have supported approx. 40 volunteers. We operate 6 days per week

Our Vision Statement

"To create a relaxing, welcoming, non-clinical and therapeutic space that works for everyone.

In this safe space, we guide and support people through a holistic process that is healing for body, mind and soul.

We support people to experience a sense of belonging, which helps them to connect and re-connect with their best self"



Report of the Trustees for the Year Ended 31 December 2020

ACHIEVEMENT AND PERFORMANCE

Charitable activities

No one could ever have predicted the enormous impact COVID 19 would have on all our lives. It was inconceivable that when we went into lockdown mid-March, that we would still be working from home nearly 4 months on! But as we start to move into a new "normal" myself and our Trustees felt it was important to now share some of the key highlights and successes over the last year. It is worth noting that what I am outlining below does not detract away from the reality that The Health and Wellness Hub services may be changed forever but our identity has not. We are and will continue to be here to serve and support local people who are marginalised and vulnerable, and our work has become even more important as we imagine what a world will look like post COVID 19. Although we are proud to share our key achievements, we know the journey ahead for us and almost everyone else is going to continue to be an ongoing challenge.

North Lanarkshire Council Scottish Attainment Challenge and Pupil Equity Fund

In November 2018, we were successful in being awarded and added to the framework to provide pupil workshops for a period of 4 years. During 2019, we had difficulties engaging with schools however getting access to funding through the Motherwell Locality Activity Fund allowed us to provide 3 free sessions to 5 North Lanarkshire schools with the feedback being positive from all sessions provided. This evidence will help us engage more meaningfully with schools going forward.

Community Café

The Community Café has been a challenge due to it being under resourced (staff and volunteer time and funding) so the decision was made to operate only 1 day a week. There is still a bit of work to be done in promoting the café, to increase usage and bring it in line with the new COVID 19 restrictions, however we do feel we have the right staff and volunteers leading on it now and look forward to the future of how it can operate to the best of its ability.

NatWest Social Enterprise top 100 list for 2020 and top 100 Wise list 2019

We are proud of making it into the top 100 for the NatWest Social Enterprise of 2020 and we are equally as proud of our Founder Ayeshah Khan making it into the top 100 WISE (Women In Social Enterprise) in the category for "Social business leader of the year" at the annual awards ceremony held in London in November 2019.

North Lanarkshire Social Enterprise Network.

The Health and Wellness Hub has taken a lead role in conjunction with NLC Community Learning and Development in setting up an independent Social Enterprise Network that will ensure Social Enterprises can support one another in making an impact socially and economically in North Lanarkshire. This has been supported by Sencot (now known as Social Enterprise Network Scotland) NLC SE framework members and VANL. A steering group consisting of NLC reps and third sector reps are finalising the terms of reference of the network, which due to COVID 19 will now take place later in the year.

Funding

We secured Impact Funders funding over a period of 3 years to 2021 and Robertson Trust Continuation funding to 2020. Other funding secured in 2020 includes The Tudor Trust, NLC Business Transformation Fund, NLC Grant award and LNER - "Customer and Community Improvement Fund" We have also secured funding from various funds which have helped support us through the COVID 19 crisis. This includes extension funding by the National Lottery Community Fund, Funding from the Scottish Government Wellbeing Fund, Foundation Scotland and the Scottish Government 3rd sector resilience fund. We also received funding from the Scottish Communities Fund and VANL (Motherwell commissioned service by North Lanarkshire Carers Together) and William Grant funding, to provide a community response and anchor role during COVID 19 crisis to support other local organisations providing a similar service in Motherwell and Airdrie. Through the Scottish Communities Fund, we have been able to allocate £50,000 to other organisations providing COVID 19 services.

NLC Health and Social Care Partnership

Community Solutions Programmes - the North Lanarkshire wide test of change project working with High Resource Users with the aim of reducing presentations to Health & Social Care services which started in July 2019 has been partly a success. The project finished April 2020 and it is uncertain if we will receive investment to develop the project further. We took over the North Lanarkshire Shopmobility service from Town Centre Activities (An ALEO of North Lanarkshire Council) in July 2019. Initially this service had some operational challenges but has now proven how vital a service it is to its users. A successful development day took place just before the lockdown and from this the action plan will be re-visited later into 2020, to look at how we develop the service towards sustainability beyond the end of the grant funding which runs out in March 2021.

Appointment as Locality Partnership Development Plan Hosts for the Airdrie Locality

We were successful in an application submitted to the Community Solutions Governance Subgroup and from 1st July 2020, we will be the new host organisation for the Airdrie locality.

The Health and Wellness Hub

Report of the Trustees for the Year Ended 31 December 2020 Growth of our staffing structure

In the last year, the organisation has grown from employing 11 to 15 employees. 75% of these employees were participants on our award winning "Transforming Lives" volunteer programme. We are proud of our volunteer programme and that we can identify ourselves as a Supported Business, who employ people who are furthest removed from the labour market.

Accredited Holistic Therapies and Future Plans for SQA centre

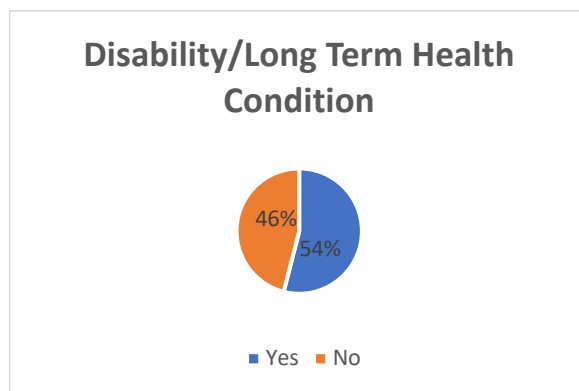
In the last year, we have trained staff who can now design and deliver accredited holistic therapies and other training courses. We are also working towards becoming an SQA centre.

Continuation and Development of Partnership working

Partnership working has become even more important during the COVID 19 crisis and we have built new partnerships and strengthened existing ones, as we all work together to provide a community response to this crisis. Before the crisis, we were being recognised widely as a key health and wellbeing service provider and we want to continue building on this reputation during and post COVID 19, so we can continue to provide an invaluable service to local people who need it most.

Our Services

In the last year there have been 5,914 attendances across our Community Health Hubs and our Social Enterprise work (breakdown below). From the 5,914 attendances, 54% of participants stated that they have a disability and/or long-term health condition.



Some Service User Feedback:

“Tai Chi has let me move more easier, it helps keep me agile and my joints always feel good after it. I look forward to my weekly Tai Chi classes as they help me”

“Shopmobility helps me to get out and about and to get away from my four walls. It helps me to take my mind off things and gets me out of my own head. It breaks the monotony of my day and stops me from getting too depressed, as I can get so down and fed up in the house. Shopmobility Staff are always there to talk to and give advice. I can get a scooter and go out and talk to people & shop which helps me share and care with other people who know how I feel. Shopmobility keeps me alive”

“I started getting weekly back massages for my pain and my anxiety and have felt such a difference. I was getting back pain nearly every day and taking pain killers regularly but now I hardly get any pain and I am not taking any pain killers now and my anxiety is a lot better too. I feel so relaxed after my massage. Claire makes me feel so comfortable and relaxed”

Covid-19 Services

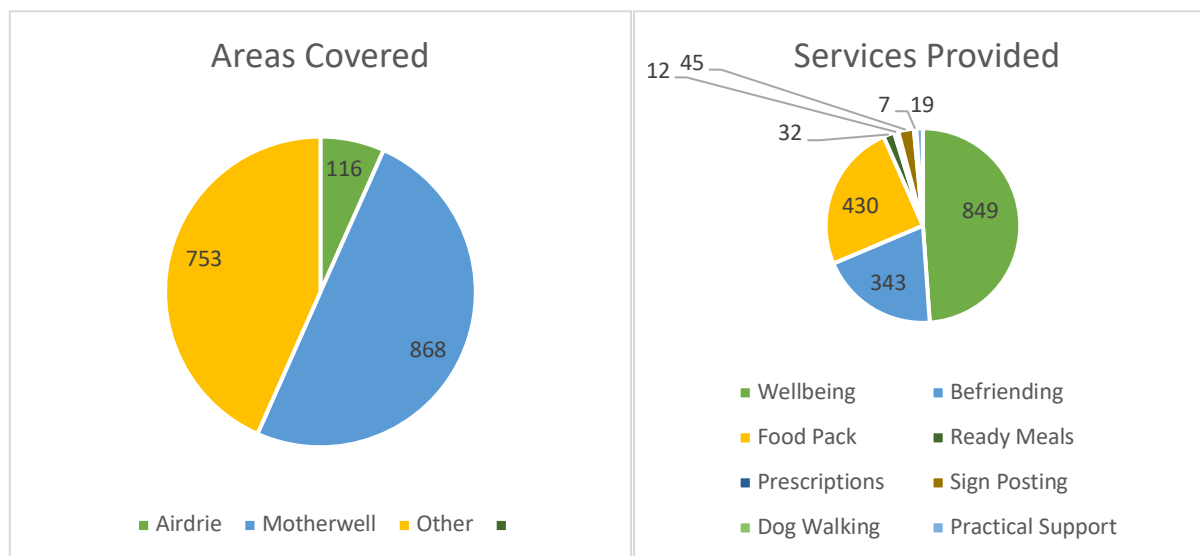
Since the beginning of the COVID -19 crisis, from 17th March 2020 to 26th June 2020, we have helped a total 1,737 people in North Lanarkshire. This has included our existing users and 260 new users.

We have provided 849 Telephone Wellbeing calls, 343 Befriending calls, delivered 430 food packs and 140 ready meals (this service started w/c 15th June) We have provided a prescription pick up and dog walking service for users on a weekly basis too. We have signposted 45 people to other organisations and provided 19 separate instances of practical support.

From the 1,737 people we have helped, 868 reside in Motherwell, 116 reside in Airdrie and 753 reside in other areas in North

**Report of the Trustees
for the Year Ended 31 December 2020**

Lanarkshire.



Closing Comments

I want to close by saying a thank you to all staff, volunteers, Trustees, Service Users, Partners and Supporters of The Health and Wellness Hub.

Even though we are living in unprecedented times, it is the collective act of people coming together in this crisis that has shone a light on the power of people and the altruistic acts they have shown to others. It has also become apparent that our sector is needed even more than ever!

So, thank you to all of those who continue to support our work and support the local communities in which we serve.

FINANCIAL REVIEW

Financial position

The charity generated a net surplus of £144,518 for the year ended 31 December 2020 (2019: £26,263).

At balance date reserves stood at £193,509 (2019: £48,991) with £150,342 of these being unrestricted, free reserves (2019: £16,097).

Reserves policy

It is the policy of the Charity to maintain unrestricted funds, which are free reserves of the Charity, at a level equivalent to three month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the organisations current activities while consideration is given to ways in which additional funds may be raised.

Based on the accounts for the year ended 31 December 2020, ordinary expenditure for 3 months amounts to £88,758. At balance date, the charity held unrestricted reserves of £146,430, therefore the trustees are satisfied that this policy is being met.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Scottish Charitable Incorporated Organisation (SCIO) and is governed by its constitution. It was registered in its current legal form on 4th May 2017. The charity was previously an unincorporated charity but changed its legal form to a SCIO. The assets of the unincorporated charity were transferred to the SCIO on incorporation.

Key management remuneration

In the opinion of the trustees there is one member of key management, the Manager. The total employer costs for this post in 2020 were £40,733.

The Health and Wellness Hub

**Report of the Trustees
for the Year Ended 31 December 2020**

Approved by order of the board of trustees on 11/3/21 and signed on its behalf by:

L Samuel
L Samuel - Trustee

**Independent Examiner's Report to the Trustees of
The Health and Wellness Hub**

I report on the accounts for the year ended 31 December 2020 set out on pages eight to eighteen.

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention :

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
 - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



David Nicholls FCCA
Fellow, Association of Chartered Certified Accountants
Brett Nicholls Associates
63 Ruthven Lane
Glasgow
G12 9BG

Date: 12 March 2021

The Health and Wellness Hub

Statement of Financial Activities for the Year Ended 31 December 2020

	Notes	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	168,353	197,058	365,411	171,099
Charitable activities	4				
Provision of Support Services		480	-	480	2,000
Other trading activities	3	<u>113,747</u>	<u>16,000</u>	<u>129,747</u>	<u>73,980</u>
Total		282,580	213,058	495,638	247,079
EXPENDITURE ON					
Raising funds	5	66,922	-	66,922	37,800
Charitable activities	6				
Provision of Support Services		84,173	200,025	284,198	183,016
Total		<u>151,095</u>	<u>200,025</u>	<u>351,120</u>	<u>220,816</u>
NET INCOME		131,485	13,033	144,518	26,263
Transfers between funds	15	<u>2,760</u>	<u>(2,760)</u>	-	-
Net movement in funds		134,245	10,273	144,518	26,263
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>16,097</u>	<u>32,894</u>	<u>48,991</u>	<u>22,728</u>
TOTAL FUNDS CARRIED FORWARD		<u>150,342</u>	<u>43,167</u>	<u>193,509</u>	<u>48,991</u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The Health and Wellness Hub

**Balance Sheet
31 December 2020**

	Notes	2020 £	2019 £
FIXED ASSETS			
Tangible assets	12	4,134	-
CURRENT ASSETS			
Cash at bank and in hand		204,884	49,831
CREDITORS			
Amounts falling due within one year	13	(15,509)	(840)
NET CURRENT ASSETS		<u>189,375</u>	<u>48,991</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>193,509</u>	<u>48,991</u>
NET ASSETS		<u>193,509</u>	<u>48,991</u>
FUNDS	15		
Unrestricted funds		150,342	16,097
Restricted funds		<u>43,167</u>	<u>32,894</u>
TOTAL FUNDS		<u>193,509</u>	<u>48,991</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 11/3/21 and were signed on its behalf by:

A Donald
A Donald- Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31 December 2020**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities and Trustee Investment (Scotland) Act 2005. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 50% on cost
Computer equipment	- 20% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2020	2019
	£	£
Donations	-	265
Grants	<u>365,411</u>	<u>170,834</u>
	<u><u>365,411</u></u>	<u><u>171,099</u></u>

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

2. DONATIONS AND LEGACIES - continued

Grants received, included in the above, are as follows:

	2020 £	2019 £
Big Lottery – National Lottery Community Fund	97,739	74,201
Foundation Scotland	1,000	-
Impact Funders	11,900	11,100
Voluntary Action North Lanarkshire	6,104	6,020
Robertson Trust	6,500	6,500
North Lanarkshire Council	6,338	2,335
Scottish Council for Voluntary Organisations	35,514	26,678
Garfield Weston	20,000	10,000
HRU	-	32,000
Wesleyan Foundation	-	2,000
Community Action	595	-
Covid Relief Community Response	18,000	-
Tudor Trust	28,334	-
Corra Foundation	26,087	-
Scottish Government - Supporting Communities	80,000	-
William Grant Foundation	5,000	-
Inspiring Scotland	13,300	-
LNER - Empowering Communities	9,000	-
	<u>365,411</u>	<u>170,834</u>

3. OTHER TRADING ACTIVITIES

	2020 £	2019 £
Hub Earned Income	3,747	18,150
Contracts	126,000	50,000
New Registrations	-	708
Renewals	-	1,008
Portable Hires	-	1,314
Rental Income	-	2,800
	<u>129,747</u>	<u>73,980</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2020 £	2019 £
Newmains Community Trust	Provision of Support Services	480	1,000
School for Social	Provision of Support Services	-	1,000
		<u>480</u>	<u>2,000</u>

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

5. RAISING FUNDS

Other trading activities

	2020 £	2019 £
Staff costs	63,317	31,730
Cafe Expenses	16	1,610
Cafe Equipment	-	622
Rent	<u>3,589</u>	<u>3,838</u>
	<u>66,922</u>	<u>37,800</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7) £	Grant funding of activities (see note 8) £	Totals £
Provision of Support Services	<u>234,198</u>	<u>50,000</u>	<u>284,198</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2020 £	2019 £
Staff costs	147,236	115,728
Sundries	987	-
Accountancy	882	840
Bank Charges	-	8
Insurance	2,473	1,366
Payroll Fees	1,315	828
Hall Lets	-	1,894
Heat & Light	5,887	8,072
Professional Fees	1,303	330
Rent	22,531	27,720
Repairs & Maintenance	1,758	631
Staff Training	1,174	879
Office Costs	3,472	2,719
Telephone	5,723	1,960
Travel Costs	32	510
Tutor & Activity Costs	6,277	6,105
Volunteer/Staff Expenses	372	3,113
Wellness Centre Expenses	258	99
Printing	555	2,262
Gifts	-	1,304
Shop Mobility Set up costs	435	5,076
Software	534	1,572
Recruitment	230	-
Wellbeing Packs	10,488	-
Food & Health Partnership	5,557	-
Horizon Food	10,204	-
Ready Meals	1,222	-
Depreciation	<u>3,293</u>	<u>-</u>
	<u>234,198</u>	<u>183,016</u>

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2020**
8. GRANTS PAYABLE

	2020 £	2019 £
Provision of Support Services	<u>50,000</u>	<u>-</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2020 nor for the year ended 31 December 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2020 nor for the year ended 31 December 2019.

10. STAFF COSTS

	2020 £	2019 £
Wages and salaries	193,895	133,614
Social security costs	9,616	8,146
Other pension costs	<u>7,042</u>	<u>5,698</u>
	<u>210,553</u>	<u>147,458</u>

The average monthly number of employees during the year was as follows:

	2020	2019
Administration	<u>14</u>	<u>14</u>

No employees received emoluments in excess of £60,000.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	18,265	152,834	171,099
Charitable activities			
Provision of Support Services	2,000	-	2,000
Other trading activities	<u>73,980</u>	<u>-</u>	<u>73,980</u>
Total	94,245	152,834	247,079
EXPENDITURE ON			
Raising funds	36,800	1,000	37,800
Charitable activities			
Provision of Support Services	<u>54,150</u>	<u>128,866</u>	<u>183,016</u>
Total	<u>90,950</u>	<u>129,866</u>	<u>220,816</u>
NET INCOME	3,295	22,968	26,263

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	12,802	9,926	22,728
TOTAL FUNDS CARRIED FORWARD	<u>16,097</u>	<u>32,894</u>	<u>48,991</u>

12. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
Additions	<u>6,026</u>	<u>1,401</u>	<u>7,427</u>
DEPRECIATION			
Charge for year	<u>3,013</u>	<u>280</u>	<u>3,293</u>
NET BOOK VALUE			
At 31 December 2020	<u>3,013</u>	<u>1,121</u>	<u>4,134</u>
At 31 December 2019	<u>-</u>	<u>-</u>	<u>-</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Deferred income	11,666	-
Accrued expenses	<u>3,843</u>	<u>840</u>
	<u>15,509</u>	<u>840</u>

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
Fixed assets	4,134	-	4,134	-
Current assets	150,051	54,833	204,884	49,831
Current liabilities	<u>(3,843)</u>	<u>(11,666)</u>	<u>(15,509)</u>	<u>(840)</u>
	<u>150,342</u>	<u>43,167</u>	<u>193,509</u>	<u>48,991</u>

Comparatives for analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	2019 Total funds £	2018 Total funds £
Current assets	16,937	32,894	49,831	23,568
Current liabilities	<u>(840)</u>	<u>-</u>	<u>(840)</u>	<u>(840)</u>
	<u>16,097</u>	<u>32,894</u>	<u>48,991</u>	<u>22,728</u>

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

15. MOVEMENT IN FUNDS

	At 1/1/20 £	Net movement in funds £	Transfers between funds £	At 31/12/20 £
Unrestricted funds				
General fund	3,696	101,465	(3,515)	101,646
Shop Mobility	12,401	33,313	(1,152)	44,562
Designated Fixed Asset Fund	-	(3,293)	7,427	4,134
	16,097	131,485	2,760	150,342
Restricted funds				
Robertson Trust	2,132	(988)	-	1,144
Impact Funders	2,452	-	-	2,452
National Lottery Community Fund	4,535	(4,535)	-	-
Community Solutions - Motherwell Consortium	1,520	(1,520)	-	-
Community Solutions - Coatbridge Consortium	4,500	(1,740)	(2,760)	-
HRU	16,875	(16,875)	-	-
Wesleyan Foundation	746	(746)	-	-
LNER - Empowering Communities	-	9,000	-	9,000
Community Solutions - Airdrie Consortium	-	3,000	-	3,000
Communities Recovery Fund	-	10,405	-	10,405
Tudor Trust	-	9,617	-	9,617
COVID Response Fund	-	7,549	-	7,549
Community Solutions	134	(134)	-	-
	32,894	13,033	(2,760)	43,167
TOTAL FUNDS	<u>48,991</u>	<u>144,518</u>	<u>-</u>	<u>193,509</u>

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2020**
15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	181,926	(80,461)	101,465
Shop Mobility	100,654	(67,341)	33,313
Designated Fixed Asset Fund	-	(3,293)	(3,293)
	282,580	(151,095)	131,485
Restricted funds			
Robertson Trust	6,500	(7,488)	(988)
Impact Funders	9,900	(9,900)	-
National Lottery Community Fund	70,664	(75,199)	(4,535)
Community Solutions - Motherwell Consortium	-	(1,520)	(1,520)
Community Solutions - Coatbridge Consortium	-	(1,740)	(1,740)
HRU	-	(16,875)	(16,875)
Wesleyan Foundation	-	(746)	(746)
Scottish Government Supporting Communities Fund	50,000	(50,000)	-
LNER - Empowering Communities	9,000	-	9,000
Community Solutions - Airdrie Consortium	13,000	(10,000)	3,000
Wellbeing Fund	2,000	(2,000)	-
Communities Recovery Fund	11,569	(1,164)	10,405
Tudor Trust	28,334	(18,717)	9,617
COVID Response Fund	9,091	(1,542)	7,549
Community Solutions	3,000	(3,134)	(134)
	213,058	(200,025)	13,033
TOTAL FUNDS	495,638	(351,120)	144,518

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2020**

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/1/19 £	Net movement in funds £	At 31/12/19 £
Unrestricted funds			
General fund	12,802	(9,106)	3,696
Shop Mobility	-	12,401	12,401
	12,802	3,295	16,097
Restricted funds			
Robertson Trust	-	2,132	2,132
Impact Funders	2,452	-	2,452
Voluntary Action North Lanarkshire	1,534	(1,400)	134
National Lottery Community Fund	5,940	(1,405)	4,535
Community Solutions - Motherwell Consortium	-	1,520	1,520
Community Solutions - Coatbridge Consortium	-	4,500	4,500
HRU	-	16,875	16,875
Wesleyan Foundation	-	746	746
	9,926	22,968	32,894
TOTAL FUNDS	<u>22,728</u>	<u>26,263</u>	<u>48,991</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	40,710	(49,816)	(9,106)
Shop Mobility	53,535	(41,134)	12,401
	94,245	(90,950)	3,295
Restricted funds			
Robertson Trust	6,500	(4,368)	2,132
North Lanarkshire Council	2,335	(2,335)	-
Impact Funders	9,900	(9,900)	-
Voluntary Action North Lanarkshire	-	(1,400)	(1,400)
Scottish Council for Voluntary Organisations	26,678	(26,678)	-
National Lottery Community Fund	74,201	(75,606)	(1,405)
Butterfly Cafe	1,200	(1,200)	-
Community Solutions - Motherwell Consortium	1,520	-	1,520
Community Solutions - Coatbridge Consortium	4,500	-	4,500
HRU	24,000	(7,125)	16,875
Wesleyan Foundation	2,000	(1,254)	746
	152,834	(129,866)	22,968
TOTAL FUNDS	<u>247,079</u>	<u>(220,816)</u>	<u>26,263</u>

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2020**

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2020.

17. PURPOSE OF FUNDS

General Fund - The unrestricted, general reserves of the charity.

National Lottery Community Fund - Funding towards various salary costs and a portion of the Hub lease.

Foundation Scotland - Funding towards activities and volunteer expenses.

Robertson Trust - Funding volunteer training & expenses and direct delivery costs.

North Lanarkshire Council - Funding for direct activity costs.

Voluntary Action Fund now Impact Funding Partners - Funding for Volunteer Coordinator costs

Voluntary Action North Lanarkshire - Funding towards specific activities e.g. Tai Chi, facilitator training & the Cafe.

Scottish Council for Voluntary Organisations - Funding for various posts.

HRU - Funding for the High Resource User project

Community Solutions – Funds Shop Mobility project until March 2021

Coatbridge Consortium - Funding for the Shopmobility weekly therapies programme.

Motherwell Consortium - Funding for the mental health for young people project.

Airdrie Consortium – Hosting fee for Airdrie LAF, these are Unrestricted funds

Wesleyan Foundation – Funding towards community activities

Scottish Communities Fund – Support local organisations through the pandemic

LNER- Empowering Communities – Support the delivery of the Empowering Communities Project

Community Wellbeing Impact Fund - Funding towards Covid-19 response activities

SCVO Recovery Fund - Funding towards Covid-19 response activities

Corra Covid response - Funding towards Covid-19 response activities

Tudor Trust - Funding towards Business Development Worker port.