



COMMUNITY DAY

SATURDAY 6TH OCTOBER

ALL WELCOME

UNIT 3 58- 60 ALBERT STREET, MOTHERWELL

ML1 1PR

11AM-3PM

DEMO HEALTHY COOKING CLASS.

TREATMENT TASTERS

(MASSAGE, REIKI)

TASTER CLASSES

TAI CHI, YOGA AND FITNESS

KIDS ACTIVITIES

ARTS AND CRAFT TABLE , CUPCAKE DECORATING
FACE PAINTING.

SMOOTHIE BIKE

FOOL ON PERFORMANCE

INFORMATION/GIFT STALLS

EG, TAROT CARD READING

PRIZE RAFFLE

AND MUCH MORE...

**£2
ENTRY
FEE**

FOR MORE INFORMATION CONTACT US:

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