



The Health and Wellness Hub



**Do you suffer from Stress, Anxiety, Neck or Back pain?
If the answer is yes, we can offer the answer!**

INTRODUCING “TREATMENT TUESDAYS” & “WELLNESS WEDNESDAYS”

30 MINUTE TREATMENTS ONLY £10

Choose from:

**Swedish Massage
Indian Head Massage
Reiki
Luxury Hand & Foot Massage
Luxury Facial**

To book an Appointment, contact us on 01698 262437



Find us at unit 4, 58-60 Albert Street, Motherwell, ML1 1PR